



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SMALL GYM SCHEDULE

APRIL 2019

OTTAWA YMCA

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Open Gym 12:00-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	BUILDING CLOSED	Open Gym	Sports of All Sorts 5:00-5:45	Open Gym	Zumba 5:30-6:30	Open Gym	BUILDING CLOSED
6:00 PM							
7:00 PM							
8:00 PM							

BIG GYM SCHEDULE

OTTAWA YMCA

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Youth Volleyball 12:00-5:00	Adult Basketball 12:00-2:00	Friendship Village 1:30-2:30	Friendship Village 1:30-2:30	Adult Basketball 12:00-2:00	Open Gym	Open Gym
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	BUILDING CLOSED	Open Gym	Youth Soccer 4:30-6:45	Youth Volleyball 4:00-6:00	Youth Soccer 4:30-6:45	Open Gym	BUILDING CLOSED
6:00 PM							
7:00 PM							
8:00 PM							