



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SMALL GYM SCHEDULE

JUNE 2019

OTTAWA YMCA

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Open Gym 12:00-5:00	Day Camp 12:30-4:00	Day Camp 12:30-4:00	Day Camp 12:30-4:00	Day Camp 12:30-4:00	Day Camp 12:30-4:00	Open Gym
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
5:00 PM		Pound 5:30-6:30	Open Gym	Zumba 5:30-6:30	Open Gym		
6:00 PM		Open Gym	Adult Basketball 6:30-8:30	Open Gym	Adult Basketball 6:30-8:30		
7:00 PM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
8:00 PM							

BIG GYM SCHEDULE

OTTAWA YMCA

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Open Gym	Adult Basketball 12:00-2:00	Open Gym	Open Gym	Adult Basketball 12:00-2:00	Open Gym	Open Gym
1:00 PM		Friendship Village 1:30-2:30	Friendship Village 1:30-2:30	Friendship Village 1:30-2:30			
2:00 PM		Open Gym	Open Gym	Open Gym	Open Gym		
3:00 PM							
4:00 PM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED
8:00 PM							