



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SMALL GYM SCHEDULE

MARCH 2019

OTTAWA YMCA

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
5:00 AM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED			
6:00 AM										
7:00 AM										
8:00 AM										
9:00 AM										
10:00 AM										
11:00 AM										
12:00 PM	Open Gym 12:00-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym				
1:00 PM										
2:00 PM		Friendship Village 1:30-2:30								
3:00 PM		ASP 3:00-5:00					ASP 3:00-5:00	ASP 3:00-5:00	ASP 3:00-5:00	ASP 3:00-3:45
4:00 PM		Ninja Tactics 3:45-5:30								
5:00 PM	BUILDING CLOSED	Pound 5:30-6:30	Sports of All Sorts 5:00-5:45	Open Gym	Zumba 5:30-6:30	Open Gym	BUILDING CLOSED			
6:00 PM										
7:00 PM		Open Gym	Adult Basketball 6:30-8:30		Open Gym			Adult Basketball 6:30-8:30		
8:00 PM		Open Gym	Open Gym		Open Gym			Open Gym		

# BIG GYM SCHEDULE

OTTAWA YMCA

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
5:00 AM	BUILDING CLOSED	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	BUILDING CLOSED					
6:00 AM												
7:00 AM												
8:00 AM												
9:00 AM								Pickleball 8:00-11:00	Open Gym	Pickleball 8:00-11:00	Open Gym	Pickleball 8:00-10:00
10:00 AM								Home School Sports 10:00-11:00				
11:00 AM								Open Gym				
12:00 PM	Open Gym	Adult Basketball 12:00-2:00	Preschool 11:30-12:00	Adult Basketball 12:00-2:00	Preschool 11:30-12:00							
1:00 PM	Youth Volleyball 1:00-4:00 Starting 3/24	Friendship Village 1:30-2:30	Friendship Village 1:30-2:30	Open Gym	Open Gym							
2:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym							
3:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym							
4:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym						
5:00 PM	BUILDING CLOSED	Open Gym	Youth Soccer 4:30-6:45	Youth Volleyball 4:00-6:00 Starting 3/20	Youth Soccer 4:30-6:45	Open Gym	BUILDING CLOSED					
6:00 PM												
7:00 PM			Open Gym					Adult Co-ed Volleyball 6:30-8:00	Open Gym			
8:00 PM			Open Gym					Open Gym	Open Gym	BUILDING CLOSED		