



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SMALL GYM SCHEDULE

AUGUST 2019

OTTAWA YMCA

| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|-------------------------------|-------------------------------|--------------------------------------|-------------------------------|--------------------------------------|-------------------------------|------------------------------|
| 5:00 AM | BUILDING CLOSED | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | BUILDING CLOSED |
| 6:00 AM | | | | | | | |
| 7:00 AM | | | | | | | |
| 8:00 AM | | | | | | | |
| 9:00 AM | | | | | | | |
| 10:00 AM | | | | | | | |
| 11:00 AM | | | | | | | |
| 12:00 PM | Open Gym 12:00-5:00 | Day Camp 12:30-4:30 | Day Camp 12:30-4:30 | Day Camp 12:30-4:30 | Day Camp 12:30-4:30 | Day Camp 12:30-4:30 | DD House 2:00-3:00 |
| 1:00 PM | | | | | | | |
| 2:00 PM | | | | | | | |
| 3:00 PM | | | | | | | |
| 4:00 PM | BUILDING CLOSED | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym |
| 5:00 PM | | | | | | | |
| 6:00 PM | | | | | | | |
| 7:00 PM | | | | | | | |
| 8:00 PM | | Open Gym | Adult Basketball 6:30-8:30 | Open Gym | Adult Basketball 6:30-8:30 | BUILDING CLOSED | BUILDING CLOSED |

BIG GYM SCHEDULE

OTTAWA YMCA

| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|------------------------|---------------------------------------|-----------------|-----------------|---------------------------------------|------------------------|------------------------|
| 5:00 AM | BUILDING CLOSED | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | BUILDING CLOSED |
| 6:00 AM | | | | | | | |
| 7:00 AM | | | | | | | |
| 8:00 AM | | | | | | | |
| 9:00 AM | | | | | | | |
| 10:00 AM | | | | | | | |
| 11:00 AM | | | | | | | |
| 12:00 PM | Open Gym | Adult Basketball 12:00-2:00 | Open Gym | Open Gym | Adult Basketball 12:00-2:00 | Open Gym | Open Gym |
| 1:00 PM | | | | | | | |
| 2:00 PM | | | | | | | |
| 3:00 PM | | | | | | | |
| 4:00 PM | BUILDING CLOSED | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | BUILDING CLOSED |
| 5:00 PM | | | | | | | |
| 6:00 PM | | | | | | | |
| 7:00 PM | | | | | | | |
| 8:00 PM | | | | | | BUILDING CLOSED | |