



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

OTTAWA YMCA

APRIL 2019

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM	BUILDING CLOSED	Lap Swim 5:30-9:00		Lap Swim 5:30-9:00		Lap Swim 5:30-9:00	BUILDING CLOSED
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							Lap Swim 7:30-9:00
9:00 AM					Preschool Lessons 9:00-9:25		
9:30 AM		Preschool Lessons 9:25-9:50		Preschool Lessons 9:25-9:50			Preschool Lessons 9:35-10:05
10:00 AM		Aqua Zumba 10:00-10:45	Water Exercise 10:00-10:45	Water Exercise 10:00-10:45	Water Exercise 10:00-10:45	Water Exercise 10:00-10:45	Progressive Lessons 10:10-10:40
10:30 AM		Open / Lap Swim Preschool Lessons 11:20-11:45 Open / Lap Swim	Open / Lap Swim 11:00-12:00	Open / Lap Swim 11:00-12:00	Open / Lap Swim 11:00-12:00	Open / Lap Swim 11:00-12:00	Family Open Swim 10:45-3:30
11:00 AM							
11:30 AM							
12:00 PM		Lap Lanes 12:00-1:00	Lap Lanes 12:00-1:00	Lap Lanes 12:00-12:45	Lap Lanes 12:00-1:00	Lap Lanes 12:00-1:00	
12:30 PM	Family Open Swim 1:00-4:00	2nd Grade Swim 1:00-2:00	Open / Lap Swim 1:00-3:00	2nd Grade Swim 12:45-2:15 (Begins 4/17)	2nd Grade Swim 1:00-2:00	Open / Lap Swim 1:00-3:00	
1:00 PM							
1:30 PM		Open / Lap Swim 2:00-3:00	Open / Lap Swim 2:15-3:00	Open / Lap Swim 2:00-3:00	Open / Lap Swim 2:00-3:00		
2:00 PM							
2:30 PM							ASP Swim 3:30-4:15
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM	BUILDING CLOSED	Family Open Swim 6:00-8:30	Preschool Lessons 5:30-6:00		Preschool Lessons 5:30-6:00		
5:00 PM							
5:30 PM			Progressive Lessons 6:00-6:30	Family Open Swim 6:00-8:30	Progressive Lessons 6:00-6:30	Family Open Swim 6:00-7:30	BUILDING CLOSED
6:00 PM			Aqua Boot Camp 6:35-7:20		Aqua Zumba 6:35-7:20		
6:30 PM			Family Open Swim 7:30-8:30		Family Open Swim 7:30-8:30		
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM		Building Closed		Building Closed			